

# ADULT EQUITATION

## USEF Dressage Seat Equitation Individual Workouts

### Medium - Suitable for Semi-Finals and Finals No. 4:

- C On centerline at working trot
- G Leg yield left to B
- B Working canter, right lead
- F Working trot
- A Down centerline
- D leg yield right to B
- B Working canter, left lead
- M Working trot
- C Halt, proceed medium walk

