

**PATTERN FOR ALL DRESSAGE SEAT MEDAL SEMI FINAL AND FINAL CLASSES (DM13, DM1417,  
AND ADULT AMATEUR)**

**USEF Dressage Seat Equitation  
Individual Workouts**

**Medium - Suitable for Semi-Finals and Finals No. 3:**

- R Free walk tracking left
- C Medium walk
- H Working trot
- E Working canter, left lead
- A to C Three loop serpentine changing leads through trot across centerline
- C Working trot
- S to L Leg yield left to centerline
- D Halt, proceed free walk

