

## **OKLAHOMA DRESSAGE SOCIETY GUIDELINES FOR COVID-19 PRECAUTIONS DURING 2020 EVENTS**

Oklahoma Dressage Society recognizes and respects the unusual health concerns that have presented themselves in 2020. Our guidelines for the conduction of events this year are based on the recommendations of our national governing bodies, USEF and USDF. We appreciate that those guidelines are mandated for large, recognized competitions with large numbers of competitors. The events we refer to will be schooling shows and educational gatherings. While our numbers will be smaller, we are still committed to preserving the health of all attending, to the best of our ability. We realize the national and state protocols may change frequently, and we will adjust accordingly. For now, our event requirements are as follows:

1. All attendees of any event, in any capacity (competitor, support staff, volunteers, show officials, etc) will be expected to self-monitor their health and shall not attend if they feel ill or have any COVID-19 symptoms. Likewise, anyone with contact to a known COVID-19 patient during the previous two weeks shall not attend.
2. A Waiver of Liability will be signed by all participants.
3. Hand sanitizers will be provided throughout the event grounds. Frequent hand washing is recommended as often as possible.
4. Staff, volunteers, officials and unmounted participants shall wear a face covering at all times (per USEF/USDF)
5. Office staff shall maintain social distancing of 6 feet when possible. Face covering shall be worn.
6. Judges and Scribes will be positioned at a reasonable distance. Face covering shall be worn. If necessary, a communication system may be used (Cell phones or wireless mikes)
7. To minimize contact, show packets will be placed outside of the office area for pick up.
8. Tests may be scheduled out of order to facilitate distancing by grouping barns or trainers.
9. Results and completed tests will be placed outside of the Office area for pick up
10. Communication between Office and participants will be done via texting or phone calls.
11. All attendees shall be respectful of each other and maintain social distancing. No congregating!
12. Spectators are discouraged. All are expected to maintain distancing, and wear face covering.
13. Management reserves the right to disqualify participants who refuse to comply with these guidelines. If disqualified for these reasons, all fees shall be forfeit, and participants will be requested to leave the grounds.
14. During educational events, attendees shall space themselves appropriately and wear face covering when in proximity.
15. If anyone feels these guidelines are not something they can comply with, it is best they do not attend the event.

TO: All ODS Members/Participants in ODS Events  
FROM: ODS Board of Directors  
DATE: June 18, 2020  
RE: **Health and Safety Measures**

The health and safety of our ODS family is EVERYONE's responsibility. Your participation in these health and safety measures helps keep you safe AND helps keep your colleagues safe.

There are several precautions that are being taken to enhance the health and safety of members when participating in ODS events:

1. Surface cleaners will be available at all events as well as hand sanitizer and masks.
2. ODS is not responsible for the cleaning of barns, event centers, etc., but will provide extra precautions as needed to ensure cleanliness.
3. We will be limiting the number of riders/participants that will be in the building at the same time to promote social distancing.
4. We will require face coverings while in the building and limit numbers of people in rooms to ensure social distancing.
5. Please see the attached COVID-19 guidelines for horse shows. Should the USEF guidelines change, ODS will be automatically update their guidelines to be in compliance with USEF rules.
6. All members, riders, spectators, etc. MUST comply with the COVID-19 Health Requirements before being cleared to enter a show or event.

#### **COVID-19 - REQUIREMENTS FOR PARTICIPATION IN ODS EVENTS/HORSE SHOWS**

**The following requirements must be fulfilled before returning to the MDCHS building.**

- 1. YOU MUST BE FREE OF A FEVER FOR 72 HOURS PRIOR TO ANY ODS EVENT/HORSE SHOW**
  - a. Note that you may not be taking any medications to reduce a fever to qualify**
- 2. PLEASE MAKE SURE YOU ARE PRACTICING HAND WASHING CORRECTLY AND OFTEN**
- 3. READ AND SIGN THE ATTACHED ATTESTATION**

As always, if you have any questions or concerns please email: [ntraitlira19@gmail.com](mailto:ntraitlira19@gmail.com)

Stay safe, be healthy, and ride often.

- ODS Board of Directors

**ODS ATTESTATION:**

NAME: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

HAVE YOU HAD A FEVER IN THE LAST 72 HOURS OF 99.5 DEGREES OR HIGHER?

YES NO

IN THE LAST 14 DAYS HAVE YOU HAD A NEW COUGH THAT YOU CANNOT ATTRIBUTE TO ANOTHER HEALTH CONDITION?

YES NO

IN THE LAST 14 DAYS HAVE YOU HAD NEW SHORTNESS OF BREATH THAT YOU CANNOT ATTRIBUTE TO ANOTHER HEALTH CONDITION?

YES NO

IN THE LAST 14 DAYS HAVE YOU HAD A NEW SORE THROAT THAT YOU CANNOT ATTRIBUTE TO ANOTHER HEALTH CONDITION?

YES NO

IN THE LAST 14 DAYS HAVE YOU HAD NEW MUSCLE ACHES THAT YOU CANNOT ATTRIBUTE TO ANOTHER HEALTH CONDITION OR THAT MAY HAVE BEEN CAUSED BY A SPECIFIC ACTIVITY, SUCH AS PHYSICAL EXERCISE?

YES NO

IN THE LAST 14 DAYS HAVE YOU HAD NEW RESPIRATORY SYMPTOMS, SUCH AS SORE THROAT, RUNNY NOSE/NASAL CONGESTION OR SNEEZING, THAT YOU CANNOT ATTRIBUTE TO ANOTHER HEALTH CONDITION?

YES NO

IN THE LAST 14 DAYS HAVE YOU HAD NEW CHILLS OR REPEATED SHAKING WITH CHILLS THAT YOU CANNOT ATTRIBUTE TO ANOTHER HEALTH CONDITION?

YES NO

IN THE LAST 14 DAYS HAVE YOU HAD A NEW LOSS OF TASTE OR SMELL THAT YOU CANNOT ATTRIBUTE TO ANOTHER HEALTH CONDITION?

YES NO

IN THE LAST 14 DAYS HAVE YOU HAD CLOSE CONTACT WITH A PERSON DIAGNOSED WITH CORONAVIRUS DISEASE?

YES NO

HAVE YOU RECENTLY TRAVELED TO CDC DESIGNATED AFFECTED COUNTRIES/AREAS?

YES NO

I attest that prior to this ODS event on today's date (9-27-2020) that I do not have any of the above symptoms.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## **Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

The Oklahoma Dressage Society (“ODS”) provides opportunities for equestrians to participate in dressage shows and educational events. Hereinafter, ‘event’ shall mean any ODS sponsored activity, including but not limited to, horse shows, education events, meetings, gatherings of any kind, including those shows and events sponsored by any ODS Chapter. Despite having put in place preventive measures to reduce the spread of COVID-19; ODS cannot guarantee that you will not become infected with COVID-19 when participating in a equestrian activities. ODS does not maintain authority or control over, and cannot assume responsibility for, the safety practices and procedures of various facilities where ODS events are held. Further, attending any group activities could increase your risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by attending ODS events and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at ODS events may result from the actions, omissions, or negligence of myself and others, including, but not limited to, members, volunteers, other participants and their families. I further understand that, even absent such negligence and if all parties involved in an ODS event exercise reasonable care to mitigate the risk of exposure to COVID-19, I may be exposed to COVID-19 and become infected.

By signing this agreement, I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I may experience or incur in connection with my attendance at the ODS events.

On behalf of myself, my heirs and legal representatives, I hereby release, covenant not to sue, discharge, and hold harmless ODS, its board of directors, board members, members, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of ODS, its board of directors, board members, members, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any ODS event.

I have carefully read this Assumption of Risk form, fully understand its terms and conditions, understand that the terms and conditions are contractual and not a mere recital, that my execution of this form is consideration for and a prerequisite to my participation in any event offered by and/or through ODS, that I have given up substantial rights by signing it, and I sign this form freely and voluntarily as my own free act without inducement. In case any one or more of the provisions contained in this agreement shall, for any reason, be held to be invalid, illegal or unenforceable in any respect, the invalidity, illegality or unenforceability, shall not affect any other provisions of this agreement, and this agreement shall be curtailed, limited or eliminated only to the extent necessary to remove the invalidity, illegality or unenforceability.

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Witness's Signature

\_\_\_\_\_  
Participant's Name

\_\_\_\_\_  
Witness Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

**Release of Liability and Hold Harmless Agreement (High Hill Farm)**  
**Please read before signing.**

I am invited to participate in an Equine sport at my own risk. I understand this is a high risk sport and I assume all responsibility for myself, my horse, other people whom I may bring to watch and help me, my vehicle, and my horse transport. I hold harmless Joe and Kathi Porter of 13800 E Sorghum Mill Rd., Luther Oklahoma, owners, and give an unconditional release of liability to the Porter and agents allowed to coach or give lessons on this property. This total release of liability includes a release for any perceived negligence on the part of the owners, coaches or other visitors or their horses, for injury or illnesses sustained as a result of accidents while on this property. I assume full responsibility for riding my horse in a fenced arena, out on trails or cross country course and hold harmless the owners for any injury I may sustain. I further assume all responsibility for my own safety while riding or caring for my horse on the Porter property, and understand the Porters do not guarantee the safety for riders on trails or open grassy areas. Rural wooded acreage is known to have deer, coyotes, vermin and other animals which may startle rider or horse, resulting in injury. I acknowledge that the Owners do not carry additional insurance for me to ride my horse on their property for pleasure or for lessons, nor do they carry insurance for the coaches who come to this property to give lessons. I unconditionally hold the Porters or coaches harmless for any misfortune I may sustain while visiting their property.

I agree to wear, and will provide for others for whom I am responsible, protective helmets and vests which meet the standards currently imposed by AHSA Rules for Combined Training. I acknowledge that it is not the responsibility of the owners to enforce these rules.

The owners are not responsible for any tack that is left or brought to their property, nor are the Porter's clinicians, and coaches under any obligation to reunite belongings to the rightful owners. I assume total responsibility for cleaning up after myself and my horse.

The owners are not liable for any fees charged by coaches teaching on this property and are to be held harmless from any disadvantage a student may encounter while riding under a coach conducting lessons on this property.

The owners do not warrant or guarantee the condition or safety of any jumps a rider may decide to jump inside the arena or on any part of the cross country venue. The signature of the rider on this release, serves as a willing compliance to these terms.

All Infectious Anemia certifications known as Coggins are to be present with the horse and rider.

Date: \_\_\_\_\_

Signature of Rider or Authorized Party: \_\_\_\_\_

Printed Name of above Signature: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Emergency Contact phone number: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_